

# The Yoga Experiential Holiday

JAIPUR, INDIA  
**10-12 NOV**

**CONTACT:**

+91 99718 77044 (Mayank)  
+91 98203 49561 (Ruchi)



Renew your Body & Mind through Yoga, Meditation and an idyllic getaway.

A SURREAL EXPERIENCE

**ALL INCLUSIVE OFFERS**

SINGLE ENTRY  
EARLY BIRD

**INR 17,999**  
~~INR 20,000~~

COUPLE ENTRY  
EARLY BIRD

**INR 34,999**  
~~INR 40,000~~

GROUP OF 4 PAX  
ENTRY  
EARLY BIRD **INR 67,999**  
~~INR 80,000~~



Call: +91(124) 422 4111

**Bookings Open**

Email us: [info@yourtravelsecretary.com](mailto:info@yourtravelsecretary.com) or  
[yogis@yogitoday.com](mailto:yogis@yogitoday.com)

# Yoga Retreat

Blissful Weekend  
IDYLLIC LEISURE



GET YOUR FREE  
Welcome Kit

[www.yourtravelsecretary.com/Yoga-Holiday](http://www.yourtravelsecretary.com/Yoga-Holiday)

## The Yogi Box

an eclectic mix of wellness products that are handcrafted and made in India. A beautiful offering to show our gratitude for your presence.

FOCUS ON

**MENTAL**  
HEALTH

**PHYSICAL**  
STRENGTH

Evening  
fun activities  
for both  
children &  
adults.

- 3 Days 2 Nights luxury accommodation
- All meals (breakfast, lunch, dinner) & high-tea
- Daily 60 minutes Yin-Yoga and Sivananda Yoga.
- Kids Friendly (fun activities for kids)
- High-quality cold-pressed juice daily
- Organic meals daily with Detox eating education
- Profound meditations, breathing, and yoga practice
- Amazing views and sunsets
- Magical atmosphere of Jaipur outskirts
- Complimentary cycling, (horse riding optional)
- Half day sightseeing, Amer fort, Light & Sound show
- Airport transfers

# Rashmi Ramesh



Rashmi Ramesh, a certified Yoga teacher with International Sivananda Yoga Vedanta Centre, Himalayas and the Art of Living (Sri Sri Yoga) is a movement artist who specializes in Yoga, Pilates, Bharatnatyam, Contemporary and Latin Dance for kids and adults.

She has been teaching internationally and in Mumbai, in the field of Theater, Yoga and Movement arts for the past 8 years and was first to introduce the concept of Yogalates in Mumbai.

With her training and practice of Yoga and Pilates, Rashmi has formulated Yogalates which is a great combination of flexibility and toning for your body.

She has 3 published DVDs with Times Wellness, a sister company of Times of India and has also starred in Yogalates videos produced by Rajshri Productions.

**Free Guidance  
& Coaching on:**

- CONCENTRATION & FOCUSING TECHNIQUES
- MIND POWER BOOSTER
- STABILITY AT WORK
- PHYSICAL STRETCHING &
- SELF HEALING

# Get your Shine on

YourTravelSecretary in association with YogiToday presents an exclusive Yoga Holiday that combines the goodness of a Yoga Retreat with the fun and peace of a holiday!

Discover the ancient tradition of Yoga in a perfect natural setting and experience one of a kind holiday with like-minded souls!

**Date:** Nov 10th - Nov 12th, 2017

**Teacher:** Rashmi Ramesh

**Location:** Khas Bagh, Jaipur, India.

## Pricing & Offers

Single Entry: **INR 17,999**  
early bird (~~INR 20,000~~)

Couple Entry: **INR 34,999**  
early bird (~~INR 40,000~~)

Group of 4 pax Entry:  
**INR 67,999** early bird  
(~~INR 80,000~~)

\* on twin sharing basis, GST  
extra as applicable.

\* children under age 10yrs free

## Registration

### To confirm your booking:

Please call +91 +91 99718 77044 (Mayank)  
+91 98203 49561 (Ruchi) or

Email us: [info@yourtravelsecretary.com](mailto:info@yourtravelsecretary.com) or  
[yogis@yogitoday.com](mailto:yogis@yogitoday.com) or

Visit: [www.yourtravelsecretary.com](http://www.yourtravelsecretary.com)

**Call: +91(124) 422 4111**

## Terms & Conditions:

1. Registrations will be considered complete post 20% payment in advance and complete payment by 1st Nov. 2017.
2. The rooms will be on twin-sharing basis, kindly let us know prior if you need single occupancy at additional cost.
3. Your travel arrangements are not included in the cost, please contact our travel desk.
4. Airport transfers are complimentary on prior information provided by you.
5. It will be your responsibility to ensure you are in good health for Yoga and other physical activities. We request you to kindly inform us if you have any health problems before booking your place in the Yoga retreat.
6. If you wish to cancel your booking please write to us in above mentioned email. The cancellation charges are 20% up to 1 Nov 2017 and Non Refundable on or after 1 Nov. 2017